

# Comparison of the Analgesic Effect of Paracetamol and Magnesium Sulfate during Surgeries

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## ABSTRACT

### BACKGROUND

New drugs are increasingly used to induce analgesia during surgeries. This study compared the analgesic effects of paracetamol and magnesium sulfate.

### METHODS

Sixty patients with American Society of Anesthesiologists (ASA) class I or II patients who were candidates for surgery of the lower limbs were randomly divided into three equal groups who were age and gender matched. Group 1 received paracetamol, and group 2, the magnesium sulfate during surgery and group 3 as the control. Pain intensities were measured and recorded using the Visual Analog Scale before surgery, in the recovery room, and 6, 12, and 18 hours after surgery.

### RESULTS

Pain intensities (7.10, 5.80, and 4.10) were higher in the control group; 6, 12, and 18 hours after

and their fear of causing complications, usually can affect the pain in patients.<sup>2</sup>

Several studies were conducted on pain reduction in operated patients, and attempts were made to quantify pain using Numeric Rating Scale (NRS) and Visual Analog Scale (VAS).<sup>3</sup> One of medications that have attracted interest in pain control is intravenous use of acetaminophen (paracetamol).<sup>4</sup> As intravenous injection of Non-Steroid Anti-inflammatory drugs (NSAIDs) are unavailable in Iran (Removal of diclofenac from Iranian Pharmacopeia), and based on complications reported by tramadol (nausea, vomiting, convulsion, etc.), paracetamol may be a suitable substitute. Paracetamol is an acetaminophen product that is soluble in water and can be injected intravenously when there is a need for a strong effect and rapid onset of analgesic action. Propacetamol is a form of paracetamol that is hydrolyzed to paracetamol in blood, with analgesic and antipyretic effects, without substantial complications at the recommended doses (1-2 g).<sup>5</sup>

The mechanism of action of paracetamol is to suppress the synthesis of prostaglandins. Cyclooxygenase (COX) is the first enzyme in the production cycle of prostaglandins, and paracetamol blocks this cycle and acts as an analgesic.<sup>6</sup> Nowadays, use of opioids is one of the main pillars of pain treatment.<sup>7</sup> However, because of its side effects, there is a need to find more effective products for relieving pain and reducing use of opioids. NSAIDs and acetaminophen, which are usually used as antipyretic drugs, can be utilized as substitutes for, or a complement to, narcotic drugs to control postoperative pain.<sup>8</sup>

Considering the use of analgesia and the complications that may happen such as weakened respiration, physical dependence, and addiction, attempts were undertaken to introduce new drugs as analgesic substitutes, such as magnesium, which is a serum electrolyte and an N-methyl-diaspartate receptor antagonist<sup>9</sup> with many clinical applications in preeclampsia, eclampsia, bronchospasm, and control of muscle spasm in tetanus; while it is used as an antidysrhythmic drug too.<sup>10</sup>

Moreover, magnesium is known as a natural blocker of calcium channels with analgesic effects. Furthermore, some studies have indicated that magnesium can enhance the effects of morphine in patients with chronic pain, that it is

of analgesia caused by drugs of interest such as paracetamol (intravenous acetaminophen), and intravenous magnesium sulfate. This study compared the effect of intravenous paracetamol and magnesium sulfate before surgery on the extent of pain du. Ring and after surgery.

## **MATERIALS AND METHODS**

The convenient sampling method was used to select subjects from all patients referred to the Peymanieh Hospital in Jahrom, Southern Iran. All subjects were candidates for surgery in lower limbs and received spinal anesthesia and their blood pressure, respiratory and cardiac rates were recorded. There were three study groups. Group one received 15 mg of marcaine (3 ml of 0.5% marcaine) together with intravenous paracetamol (15 mg/kg body weight in 100 ml of 0.9% sodium chloride). Group two received 3 ml of 0.5% marcaine (15 mg/kg) together with 8 mg intravenous magnesium sulfate/kg body weight/hour until the completion of the surgery as an infusion dose. Group three, the control group, received 3 ml of 5% marcaine (15 mg/kg) together with 100 ml of normal saline as a placebo. It was estimated marcaine to be remained effective for about 2 hours. Twelve-lead electrocardiography was performed for all patients. The anesthesiologist used a 25 gauge spinal needle to inject the prepared solution in a sitting position. If the sensory block was inadequate, general anesthesia was induced, and the patient was excluded from the study.

During the surgery, hemodynamic changes were measured every 5 minutes. Moreover, complications of spinal anesthesia including nausea, vomiting, fall of systolic blood pressure by more than 20% from the baseline, respiratory depression during surgery, and reduction in heart rate/minute by more than 20%, were recorded. If during surgery, drugs or measures other than routine care were required to eliminate complications and relieve pain, the patient was excluded from the study too. The inclusion criteria were (i) American Society of Anesthesiologists (ASA) class I or II, (ii) Not banned from undergoing spinal anesthesia, (iii) Not addicted to narcotics, (iv) Not taking psychiatric medications, (v) Not experiencing delirium, (vi) No history of hypertension, (vii) No history of heart problems, (viii) No drug allergies and (ix) older than 18 and less than 75

years of age.

femoral surgeries. In the paracetamol group, 10 members had tibial and 10 femoral operations. Finally, 10 subjects in magnesium sulfate group had tibial and 10 femoral surgeries.

The pain intensity before surgery determined by VASD table showed that the average pain intensity before surgery was 6.60, 6.70, and 7.55 in the control, paracetamol, and magnesium sulfate groups, respectively. There were no significant differences between the three groups for pain intensity before surgery ( $p>0.05$ ). In the recovery room, the average pain intensity determined by VASD table was 1.20, 1.35, and 1.00 in the control, paracetamol, and magnesium sulfate groups, respectively. There were no significant differences between the three groups regarding pain intensity in the recovery room ( $p>0.05$ ). Based on the VASD table, the average pain intensity was 7.10, 6.45, and 7.25 in the control, paracetamol, and magnesium sulfate groups, respectively, 6 hours after surgery. There were no significant differences between the 3 groups for average pain intensity, 6 hours after surgery ( $p>0.05$ ).

The mean of pain intensity 12 hours after surgery, as determined by VASD table, was 5.80, 4.15, and 4.55 in the control, paracetamol, and magnesium sulfate groups, respectively. There were no significant differences between the 3 groups for average pain intensity, 12 hours after surgery ( $p>0.05$ ). Finally, based on the VASD table, the average pain intensity in the control, paracetamol, and magnesium sulfate groups were 4.10, 2.50, and 2.05, respectively. There were no significant differences between the 3 groups with respect to the average pain intensity,

18 hours after surgery ( $p>0.05$ ). The comparison of pain intensity before surgery, in the recovery room, and 6, 12, and 18 hours after surgery in the three groups was shown in Table 1.

The mean percentages of administered narcotics in the control, paracetamol, and magnesium sulfate groups were 33.3% (30% pethidine and 3.3% morphine), 25% (pethidine), and 13.3% (pethidine), respectively. The difference between the three groups was not statistically significant. The comparison of respiratory changes in the 3 groups in the recovery room showed that the mean respiratory rate/minute was 18.05, 18.66, and 18.70 in the control, paracetamol, and magnesium sulfate groups, respectively. There were no significant differences between the three groups for respiratory rate/minute in the recovery

observed in six patients in the control, in 2 patients in the paracetamol, and in 5 patients in the magnesium sulfate groups. The groups were not significantly different with respect to nausea in the recovery room ( $p>0.05$ ). No instances of vomiting or itching were observed in any of the three groups.

## DISCUSSION

Our study showed that use of intravenous paracetamol (15 mg/kg body weight in 100 mm of 0.9% sodium chloride) could have analgesic effects in patients and reduce the required quantity of narcotics after surgery. Moreover, this research indicated that the use of magnesium sulfate (8 mg/kg body weight once every hour during the surgery) could have analgesic effects in patients and reduce the amount of narcotics after surgery, but the differences were not statistically significant.

The scores on pain intensity in patients using the VAS system, and based on narcotic use after surgery, showed that paracetamol and magnesium sulfate could reduce the pain intensity, 6, 12, and 18 hours after operation, but there were no significant differences between the the 3 groups. Nevertheless, pain intensity in the paracetamol group, 12 after the surgery was lower than magnesium sulfate group. The pain intensity was lower in the magnesium sulfate group, 18 hours after the surgery when compared to the paracetamol group. Therefore, magnesium sulfate had longer analgesic effects in comparison to paracetamol. The two groups were not significantly different with respect to pain reduction. For comparison of the paracetamol and magnesium sulfate groups in relation to the quantities of narcotics used after surgery, the two groups were not significantly different, but the quantity of narcotics after surgery in the magnesium sulfate group was less than the paracetamol group.

Our findings revealed that magnesium sulfate resulted into a reduction in narcotics use after surgery when compared to paracetamol even the difference was not statistically significant. Scoring of pain by two groups receiving paracetamol and intravenous morphine after orthopedic surgery was previously undertaken. Comparison of the difference between two groups revealed no significant difference too similar to our study. The quantity of narcotic used in the paracetamol group was less in

comparison to the control group, showing a decrease for narcotics in these patients.<sup>17</sup>

In research carried out on the effects of paracetamol on pain intensity after appendectomy operation in comparison to pethidine, it was found that pain intensity in the paracet

the control group confirming our study.<sup>24</sup> The effect of magnesium sulfate on the quantity of needed narcotics in 81 patients after surgery was investigated and was shown that magnesium sulfate reduced pain intensity and the amount of required narcotics after surgery while these findings are the same as our results.<sup>25</sup> A research conducted on 40 patients who were candidates for total hip joint replacement, the analgesic effect of magnesium sulfate was assessed and was demonstrated that the pain intensity and quantity of required narcotics were less in the magnesium sulfate group when compared to the controls similar to our study.<sup>26</sup>

In our research, complications such as suppressed respiration, vomiting, and itching were not reported in any of the patients, but nausea was observed in some patients of all three groups. However, no significant correlation was found. In previous studies, in most cases, side effects in the paracetamol and magnesium sulfate groups were not different from those in other groups but, in general, these side effects were fewer in the paracetamol and magnesium sulfate groups and no serious complications were seen in any of the groups.<sup>22-26</sup> Reduced complications in the paracetamol and magnesium sulfate groups can be attributed to the less quantity of narcotics needed by these groups after surgery. Lack of complications in our study can be attributed to the low dose of injected narcotics and to the prescription of the anti-nausea drug metoclopramide at the start of surgery.

Our study indicated that intravenous paracetamol had postoperative analgesic effects and could reduce the number of injections and the total dose of injected narcotics. Therefore, intravenous paracetamol can be used as a suitable adjuvant anesthetic for narcotics. Moreover, intravenous magnesium sulfate had postoperative analgesic effect and reduced the number of injections and the total dose of injected narcotics too. Furthermore, magnesium sulfate had longer analgesic effects compared to paracetamol and caused greater decrease in the quantity of required narcotics compared to paracetamol, even the difference was not statistically significant. Another important point was that the average ages in the three groups were not significantly different, which increased the value of comparison of the variables among the three groups. In addition, the three groups were similar regarding gender.

Paracetamol and magnesium sulfate were shown to have postoperative analgesic effects and reduce the quantity of required narcotics after surgery. So these drugs could be recommended to decrease the amount of required narcotics and can be used as adjuvant drugs to reduce pain.

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